

# Free Dementia Music Café

## Come and join the fun!

Every **Thursday**  
**10.30am - 12pm**  
During term times

 The Lighthouse Project,  
Middleton Shopping Centre,  
M24 4EL

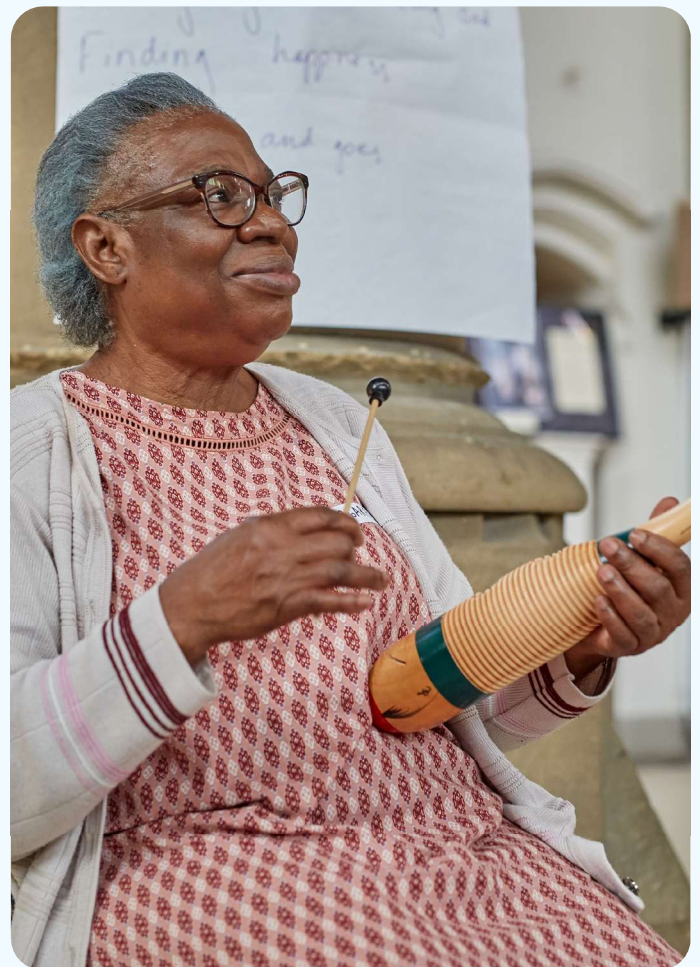
Full schedule on  
**Musicinmind.org**

People with dementia and their  
carers welcome – no musical  
experience needed

**“A little piece of heaven in  
our week”**

**“We enjoy seeing mum  
enjoying herself... we never  
stop smiling”**

**“The sessions are full of  
playfulness, laughter, tears..  
they are so inclusive and so  
much fun!”**



- Free to attend
- Make new **friends**
- Improve **wellbeing** and mood
- Help **people with dementia** to communicate and express themselves

To attend and for more information on parking and accessibility, contact:  
**info@lighthouseproject.org.uk or 0161 643 1163**