



WONDERFULLY  
MADE  
WOMAN  
BRINGING BACK YOUR CONFIDENCE



# Bringing Back Your Confidence



## OUR SERVICES



**Confidence Building/Wellness Workshops:** Explore sessions designed to boost self-confidence, resilience, and leadership skills.



**Community Engagement:** We make meaningful impact in our community through volunteer opportunities and initiatives.



**1-2-1 Emotional and Practical Support:** Connect with experienced counsellors who can guide and inspire your growth.



**Education and Training:** Access resources and training programs to enhance your knowledge and skills.

## JOIN OUR MOVEMENT:

Help us make a difference in the lives of women and girls. Support our mission, volunteer, or spread the word about Wonderfully Made Woman in your community.



## CONTACT US

07354471340 07846620160

## ABOUT US

At Wonderfully Made Woman, we are on a mission to empower women and girls of all ages to reach their full potential. Our charity believes that by building confidence and self-esteem, women and girls can become catalysts for positive change in their communities regardless of their ethnicity or religion.

## OUR VISION

To instil unwavering self-confidence in women, helping them realise their unique strengths and capabilities. We are committed to reshaping the narrative for women and fostering a world where they thrive, excel, and leave an indelible mark on the world.

## BECOME A MEMBER TODAY!

Join our network officially by becoming a member. Membership offers exclusive benefits, including access to resources, workshops, and a supportive community of like-minded women.

Visit our website or send an email to express your interest in becoming part of our network. We're here to assist you on your journey.

Follow us on Social Media



[www.wonderfullymadewoman.org](http://www.wonderfullymadewoman.org)



[Info@wonderfullymadewoman.org](mailto:Info@wonderfullymadewoman.org)



@Wonderfullymadewoman

# DISCOVER A WORLD OF EMPOWERMENT

At Wonderfully Made Woman



## 1-2-1 EMOTIONAL AND PRACTICAL SUPPORT( BY APPOINTMENTS ONLY)

At our Manchester Office:

Mondays- Unit 80 Carrioca Business Park, 2  
Sawley Lane, Miles Plating. M40 8BB  
Time: 10:00 AM to 2:00 PM

## Weekly Drop-In Sessions

### MANCHESTER HUB

Breakfast Club. Confidence Building  
& Wellbeing Session. Dance Therapy.  
Skill Acquisition.

Address: Community Room, ASDA Eastlands  
Centre, Ashton New Rd, Manchester. M11 4BD  
Time: Wednesdays- 10:00am-12:30pm

### MIDDLETON HUB

Breakfast Club. Confidence Building  
& Wellbeing Session. Dance Therapy.  
Skill Acquisition

Address: Lighthouse, Unit S6b/c Middleton  
Shopping Centre, Limetrees Road, Middleton.  
M24 4EL.  
Time: Tuesdays- 10:00am-12:00pm

### TUNE IN TO OUR RADIO SHOW!



An hour filled with captivating discussions  
designed to inform and entertain. Join us on  
the first and third Friday of every month at  
11:00am, exclusively on All FM 96.9 Radio.

Don't miss out on the excitement!

### BOLTON HUB

Breakfast Club. Confidence Building  
& Wellbeing Session. Dance Therapy.  
Skill Acquisition.

Address: 468 Halliwell Road, Bolton. BL1 8AN  
Time: Thursdays- 10:00am- 12:00pm

### LONDON HUB

Lunch. Chat. Make New Friends.  
Dance Therapy.

Address: The Roman Catholic Church of Our  
Lady of the Visitation, 358 Greenford Road,  
Greenford UB6 9AN.  
Time: Every last Saturday of the Month.  
12:00pm to 2:00pm  
☎ 07858485667

Embrace the Wonderfully Made Woman  
community and embark on a journey of  
self-discovery and empowerment. We can't  
wait to welcome you into our inspiring and  
supportive network!

Helpline ☎ 07354471340  
Monday to Friday: 9:00 AM to 3:00 PM

